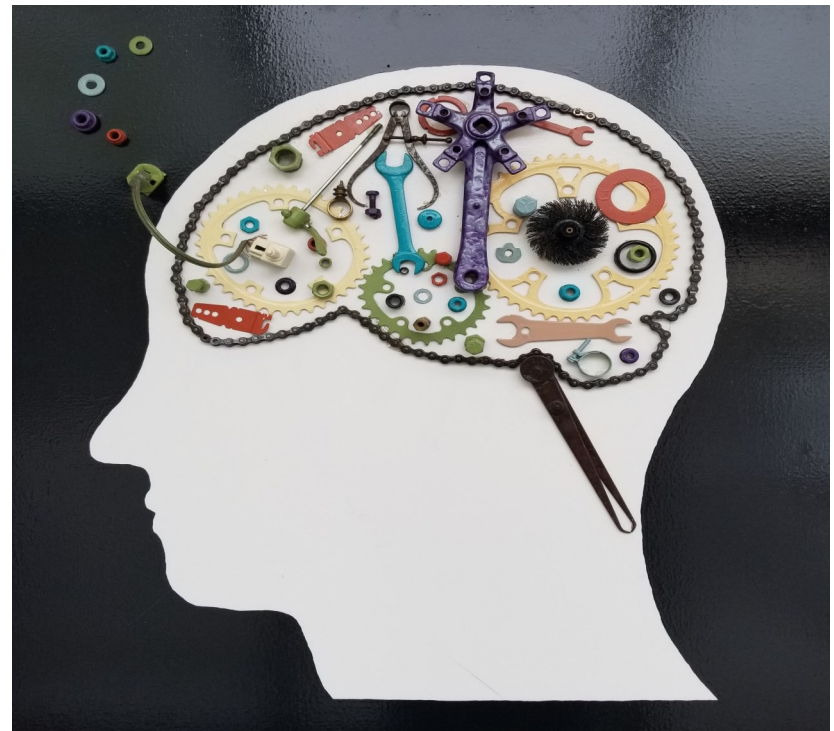


SEMIAHMOO  
HOUSE SOCIETY



**Semiahmoo House Society**  
**Acquired Brain Injury Services**  
**Tuesday Drop-In Handbook**



## Description of Services

### Drop In Program

**Where:** Unit # 3 13550 77<sup>th</sup> Avenue Surrey, B.C. V3W 6Y3

**When:** Tuesdays

**Times:** 10am - 4pm

**Phone Number:** 604 592-1006 ext 230

### Program Description

The ABIS Drop In service is for adults who are looking for a new social connection in a fun and safe environment. This service runs on a weekly basis (excluding holidays).

The staff who work at the center facilitate a variety of activities based on member's interests and feedback. Members can choose from some of the following activities:

- Coffee Chat
- Movie Madness
- Trivia
- Bingo
- Karaoke
- Board Games & Computer Access
- Social Groups

### Criteria

You **must meet** the following requirements to participate independently at the Drop In:

- be able to manage your own self care (medication & self care)
- be able to participate in activities with minimal supervision (10:1 ratio)
- be able to arrive and leave on your own
- follow all rules of membership & avoid unsafe practices for yourself and/or others.

If additional support is required, please provide your own support staff or family member to assist you.

### How do I access the Drop In services?

Contact: Kristyl Downing, Program Coordinator

Office: 604 592-1006 ext 230

K.downing@shsbc.ca

Start by calling the above number and pressing the extension (230). The staff will be able to help you to determine your first steps in the process.

You must first meet the criteria previously listed in this handbook. If so, you will be asked to go online to [semi-house-society.com](http://semi-house-society.com) and fill in our Drop In application form.

Once your application is complete, you will be contacted by the program coordinator or designate when a spot is available.

### **\*\*Please Note\*\***

There is a cap at 25 people for the Drop In service as we have limited space.

## Drop In Fees & Membership

### Membership

- All members are required to complete a membership form and meet criteria to access the Drop In program independently.

### Meal Vouchers

Meal voucher cards may be purchased for \$70 which will provide 20 meals (discounted rate of \$3.50 per meal with voucher card).

Meals provided at the Drop In will cost \$4 each (without purchase of voucher card).

**\*\*Weekly Drop In activities are available at no additional cost to members\*\***

### ABI Drop In Services

#### Where:

Newton

Unit # 3 13350 77<sup>th</sup> Avenue Surrey, B.C. V3W 6Y3

When: Tuesdays

Times: 10:00 am – 4:00 pm (please ensure Handy Darts arrive no earlier than 10 am and pick-ups are no later than 3:45 pm)

Phone Number: 604 592-1006 ext 230

Contact: Kristyl Downing (Program Coordinator)

### What can I expect from the Drop In Services?

You can expect a variety of leisure activities to choose from such as cooking, crafts, watching a movie or using the computer/internet. Many people comment that this is a great place to meet new friends and have fun!

### Drop in Agreement

Drop In members are required to adhere to the Drop In rules, rights and responsibilities and any safety precautions outlined by Drop In staff while participating in Drop In programs and activities.

SHS Drop In encourages members' decision-making and independence. While at the Drop In, members may freely choose to participate in programs and activities.

It is important to Semiahmoo House Society (hereafter indicated as SHS) that we offer a safe and supportive environment for adults with acquired brain injuries that allow them to access recreation, leisure activities and resources. However, members should be aware that potential risks may become present at our Drop In.

### Potential Risks of Drop In Services

Each program activity carries possible risks for members. These risks include, but are not limited to, slips, falls and minor burns. These risks may lead to injury or illness including, but not limited to, bodily injury, burns and insect bites.

### Level of Supervision

The Drop In provides staff supervised recreation and leisure activities on site, however we do not facilitate off site programming at our Drop In. Members may choose to leave the premises and return of their own accord, however this is not monitored by staff. Staff do not monitor members who smoke while outside the premises.

Programs and activities at the Drop In site are staffed with minimal supervision.

Drop In staff are not able to supervise members drop offs or pick ups at the site therefore we cannot be responsible for members before they arrive at the site or once they have left the Drop In premises. All members are able to come and leave the site of their own accord.

### Responsibilities of Drop In Members

In order to have fun and ensure a safe environment and to help others enjoy the Drop In, I as a member promise to follow these rules:

- to not drink or use drugs while attending the Drop In, on the surrounding grounds; prior to, or during Drop In sponsored activities.
- to not use abusive language, sexually offensive language or physical violence towards other members or Drop In staff.