ENDS 1 Defined in Plain Language.

GLOBAL ENDS POLICY - MISSION: People with disabilities live self-directed lives in the community at a justifiable cost.

ENDS 1 defined in plain language

- 1. People are valued members of society
 - 1.1 People perform different social roles
 - 1.2 People are respected
 - 1.3 People live in integrated environments
 - 1.4 People participate in the life of their community
 - 1.5 People are leaders.

MISSION: People with disabilities live self-directed lives in the community at a justifiable cost.



Definition: Choice and Control...

If you have self-determination or self-direction then this means you are in charge of your own life as much as possible. You are living the way you want to live. You are in control of your life. If you do not have self-determination then other people are in charge of you and either decide how you will live your life or tell you how to live your life. People have support to live self-directed lives.

1.People are valued members of society.

- > Value: that you are important, that you matter, that others appreciate you and like you.
- People and the community care about you and are concerned about your happiness, well-being and safety.
- When people do things for you, not because they have to but because they want to.
- > You do things for your community you help out, you are involved people see that you have good things to offer.





1.1 People perform different social roles.

"All people are needed in community and all people have something to offer and something to gain from engaging in a variety of social roles." - CQL

- > Social roles are the part people play as members of a social group.
- > Social Roles refer to the expectations, responsibilities, and behaviours we adopt in certain situations...the way you act or behave in different social situations.
- You have relationships and feel like you belong in your world.
- People have many different social roles...and sometimes they change. Examples: Volunteer, employee, student, artist, athlete, actor, neighbour, husband, wife, son, daughter, sister, brother, parent, friend, member of a group.



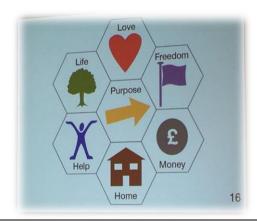




1.2 People are respected.

Definition:

- People are treated in the same manner as all others.
- People treat you well.
- People talk to you in a nice, friendly way.
- People listen to you.
- People value and listen to your point of view.
- People accept you for who you are.
- People are kind, polite and helpful towards you.
- People help you feel good and important.
- People are able to be alone if they want to/need to - privacy, quiet and own space.



1.3 People live in integrated environments.

- People live, work and play in the same places used by others.
- A mix of people spending time together in regular, ordinary places.
- > You are able to get to places and to do the things you want and need to do in every part of your life.
- You are able to understand, see or hear things in public places.
- If you need some help or changes...things are adapted/changed so you can get to them or do them.
- This may be in your home, at work, at school, at the doctor's office, the airport anywhere in the community or in your neighbourhood.







1.4 People participate in the life of the community.

Definition:

- ➤ Being a part of, involved in and going to a wide variety of places, hang outs, activities and events in the community or neighbourhood.
- > Going places/being involved in places that everyone else goes to/is involved in.
- Doing interesting things in ordinary places.







1.5 People are leaders.

- Leaders guide people towards success.
- Leaders encourage people to achieve a common goal.
- Leaders empower people. Help people be in control and involved in the direction they are headed.
- Leaders listen to people, support people and help them get excited (motivated) towards action.
- > Leaders take action.
- > Anyone can be a leader.



Developed in partnership with Nolda Ware and the Self-Advocates of Semiahmoo.

An Inclusive Community Values all People

Semiahmoo House Society A partner in



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